



RED
FROG
FOR FAMILIES

**SPECIALISING IN INCLUSIVE
ALLIED-HEALTH SUPPORTS.**

SPEECH THERAPY

OCCUPATIONAL THERAPY

MUSIC THERAPY

COMMUNITY ACCESS

A BIT ABOUT US

Based in Broadmeadow, NSW, we are a team of allied health professionals, aiming to empower people with disabilities to gain independence in every day living.

Our multidisciplinary team of therapists work with people of all ages and disabilities, from paediatrics to adolescents and young adults with developmental, behavioural, and learning disabilities.



ALEX APPLEBY

"As parents of a young adult with autism, we have an integral understanding of the obstacles in achieving independence that can affect the whole family. We live with the fun and the unknown that all of our families share, but most of all we want to share the joy and empowerment we have experienced on this journey."

-DAVID & ROCHELLE APPLEBY



CARE

CONNECT

EMPOWER

Red Frog for Families is unique in its focus on play-based therapy, which makes it fun for the therapists as well as the participants! Our work with young adults continues to focus on activities that bring enjoyment and meaning. We have the opportunity to work with a diverse range of participants, which allows for everyday to be filled with new learning opportunities.

GET STARTED



WHERE WE PLAY, LEARN & GROW

You won't find any square boxes where people are made to sit at desks at Red Frog for Families, rather a series of spaces, all different shapes and sizes, full of equipment that can be used to achieve your goals in many fun and creative ways.



OCCUPATIONAL THERAPY

Our occupational therapists engage participants in activities to develop essential skills for everyday function in a fun and motivating way. For children, we primarily engage in the occupation of play. Our teens and adults engage in personally-meaningful occupations including functional activities and leisure.



SPEECH THERAPY

Our speech therapists work on more than just speech. We also work on language, augmentative alternative communication, social communication and literacy skills. Our clinic spaces support therapy focusing on relationships and developmental frameworks in a playful manner.



COMMUNITY ACCESS

Disability support workers provide the link between high-intensity therapeutic interventions and relaxed, real-world practice. Disability support workers facilitate participant access to their community and activities of choice.



MUSIC THERAPY

Music therapy sessions can involve talking, listening to music, moving or dancing to music, and making music through singing or instrument play. Goals can include; social connection, self-expression, functional speech and language skills, fine and gross motor skills, turn-taking, emotional and sensory regulation.



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@redfrogforfamilies



@redfrogforfamilies



Red Frog for Families



We are an inclusive, safe space, proudly welcoming diversity, including the LGBTQI+ community.



Red Frog for Families is located on the Awabakal & Worimi country.



We actively welcome all nationalities and cultures.

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